

Evening Meal-Time Prayer

This devotion follows the basic structure of the Daily Office of the Church and is particularly appropriate for families with young children.

The Reading and the Collect may be read by one person, and the other parts said in unison, or in some other convenient manner.

Opening Sentence

How priceless is your love, O God!

Your people take refuge under
the shadow of your wings.

For with you is the well of life,
and in your light we see light.

Psalm 36:7, 9

Phos Hilaron

O Gladsome Light

O gladsome light,
pure brightness of the ever-living Father in
heaven, O Jesus Christ, holy and blessed!
Now as we come to the setting of the sun,
and our eyes behold the vesper light,
we sing your praises, O God; Father, Son,
and Holy Spirit.

You are worthy at all times to be praised by
happy voices,

O Son of God, O Giver of Life,
and to be glorified through all the worlds.

A Reading from Holy Scripture

For what we proclaim is not ourselves, but
Jesus Christ as Lord, with ourselves as your
servants, for Jesus' sake. For God, who said,
"Let light shine out of darkness," has shone in
our hearts, to give the light of the knowledge
of the glory of God in the face of Jesus Christ.
2 Corinthians 4:5-6

or this

Jesus spoke to them, saying, "I am the light
of the world. Whoever follows me will not
walk in darkness, but will have the light of
life." John 8:12

or this

Jesus said, "Behold, I stand at the door and
knock. If anyone hears my voice and opens
the door, I will come in to him and eat with
him, and he with me." Revelation 3:20

*A period of silence may follow.
A familiar hymn or praise song may be sung
The Apostles' Creed may be said.*

*This is an especially good time to offer prayers for ourselves
and others. Here are a few prompts for group discussion
and/or prayer:*

- Where have you experienced the goodness of God today?
- Think of people, conversations, or situations you experienced today. How would God have you pray for these needs?
- How did you sense your own need for God's help today?

Use this concluding collect after offering prayers

Grant these our prayers, O Father, for Jesus
Christ's sake, our only Mediator and
Advocate. Amen.

The Lord's Prayer

Our Father, who art in heaven,
hallowed be thy Name.

Thy kingdom come,
thy will be done,
on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,
as we forgive those
who trespass against us.

And lead us not into temptation,
but deliver us from evil.

For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

The Collect

Lord Jesus, stay with us, for evening is at
hand and the day is past; be our companion
in the way, kindle our hearts, and awaken
hope, that we may know you as you are
revealed in Scripture and the breaking of
bread. Grant this for the sake of your love.
Amen.



